

Lesson Plan for teachers



Development of Emotional Skills of Students

CONFLICT RESOLUTION

TOOL 1

Activity for students in class



Name of the Tool

Role-playing scenarios

Objectives of the Tool

To help students understand different conflict resolution strategies and practice applying them in various situations.

Connection of the activity to the skill

Role-playing helps to understand other people and prevent any possible conflict situations.

Outcomes

The outcome of role-playing scenarios in these activities is to cultivate a classroom culture characterized by empathy, understanding and mutual respect

Lesson Plan for teachers



Introduction of the Tool

Students develop essential skills and contribute also to creating a supportive learning environment.

By incorporating role-playing scenarios, teachers can create engaging and impactful learning experiences that foster empathy, understanding and respect among students. These activities enhance social and emotional skills.



Required time

45 min.

Resources, material needed

Photos with a description of each situation.

List of conflict resolution strategies for each group.

Age group most suitable for the tool implementation

10 – 12 / 12 - 14

Lesson Plan for teachers



Suitability of the tool (possible issues, offline/online implementation, adjusting the tool for specific environments, students with special needs, etc.)

Role-playing scenarios can be adapted for online learning environments using conferencing platforms. Teachers can use breakout rooms for small group discussions and reflections.

They can be used for different ages. Younger students may benefit from simple scenarios with clear emotions and older students can play more complex scenarios. Using visual materials (photos) and description of each activity could help students with special needs.

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Lesson Plan for teachers



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TOOL 2

CONFLICT RESOLUTION

Activity for students in class

Name of the Tool

Newspaper



Objectives of the Tool

To help students express their problems concisely and prioritize key information.

Connection of the activity to the skill

The newspaper headline activity provides students with an opportunity to practise skills related to conflict resolution, including communication, empathy, creative problem-solving and collaboration. With this activity, students develop the confidence and competence to resolve problems constructively.

Outcomes

With this development, they are better equipped with communication

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skills, critical thinking abilities, empathy and collaboration skills to navigate conflicts constructively.

Introduction of the Tool

- Step 1: Explain the objective of the activity – to write a newspaper headline that summarizes a personal problem.
- Step 2: Then students are asked to write a short text – at first 30 words, then 20 words, then cut it down to 10 and finally to 5 words. Encourage students to prioritize the most important information.
- Step 3: Explain that these 5 words are the root of their problem.
- Step 4: Sharing and discussion – invite students to share their headlines and explanations with the class or in small groups.

Required time

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Resources, material needed

- Pen, paper
 - Questions for students which can help them in this activity
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- Is it difficult for me to accept my problems?
 - How often do I communicate my problems to my family?
 - Is it easy to ask friends for help with a problem?



Lesson Plan for teachers



- How much does my home environment help me meditate when I am stressed?

Tips for implementation of the tool by teacher

By following these tips, teachers can effectively implement this activity and create a learning experience for students that promotes problem-solving, communication, and critical thinking skills.

Age group most suitable for the tool implementation

12 – 14 years

Suitability of the tool (possible issues, offline/online implementation, adjusting the tool for specific environments, students with special needs, etc.)

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